St. Joseph's Church Mass Times on our Webcam: Monday to Saturday 10a.m. and Sunday 10.30a.m.

## 'Prayer to Live in the Present'

God, I spend so much time reliving vesterday or anticipating tomorrow that I lose sight of the only time that is really mine- the present. Remind me that the past—with its successes and failures—is over. I can make amends where I have hurt others or let them down but I can't undo what has been done.

The future is yet to be and eagerness or apprehension will not hasten it or postpone it.

You give me today, one minute at a time. That's all I have, all I ever will. Give me the faith that knows that each moment contains exactly what is best for me.

Give me the hope that trusts You enough to forget past sins and future trials. Give me the love that makes each minute of life an anticipation of eternity with You. Amen.

'The task ahead of us is never as great as the Power behind us.'

Spiritual Communion Prayer

My Jesus,

I believe that you are present in the Blessed Sacrament.

I love you above all things, and I long for you in my soul.

Since I cannot now receive you sacramentally,

come spiritually into my heart.

You have already come.

I embrace you and unite myself entirely to you.

Never permit me to be separated from you. Amen.

## **COVID-19 Support Line for Older People :**

ALONE has launched a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open seven days a week, 8am - 8pm, by calling 0818 222 024. Webcam:

Our Webcam is up and running. Thank you to our Service Provider for solving the issue. We thank you for your patience.



## Fifth Sunday of Lent

Mass Intentions for Week Monday 30th to Sunday 5th April

Monday 10a.m.	Eamonn, Elizabeth and Anthony Dinneen
	Joe, Mary Kate, Lily and Frank Bambrick
	and The Deceased Family Members
Tuesday 10a.m.	Annie and Michael Mullaney and
	The Deceased Members of the Mullaney and
	Hogan Families
Wednesday 10a.m.	Molly, Dinny and Padraig Mc Hugh
Thursday 10a.m.	Martin Mitchell and Kathleen Shryane
	Michael P and Bridie Healy
Friday 10a.m.	Owen Lavin and las Kane
	Kathleen and Joe Hannon
The	Peter Carroll
Season	Willie and Jimmy Dwyer
of	Pat Feighan
Lent	Martin King
	J.P. And Sabina Mc Cormack
	Bernard and Elizabeth Shannon and
	The Deceased Family Members
Saturday 10 a.m	(Martin (Mark) Beirne (Months Mind)
Sunday 10.30a.m.	Mary Brennan (1st anniversary)
	Frank Montgomery and Michelle Keenan
	Mary Mc Givney
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