

### St. Joseph's Church Mass Times for Holy Week on our Webcam:

Monday to Wednesday at 10 a.m.

Holy Thursday at 8p.m.

Good Friday at 3 p.m. and Prayer Around the Cross at 8p.m.

Holy Saturday :

Easter Sunday at 10.30a.m.

#### Poem for Palm Sunday

I wonder what the donkey thought That day of palms and cheers,  
As shouts of loud 'Hosanna!' resounded in its ears.

I wonder what the donkey thought as through the streets it trod,  
and if it somehow knew it bore the precious Son of God.

I wonder if it saw ahead the flogging and the trial, the vicious,  
mocking crown of thorns and Peter's lame denial.

I wonder if it saw the cross and the Saviour hanging there,  
and if it knew he died for sins of people everywhere.

I wonder if it ever knew He rose on Easter day and that His  
all-sufficient Love had washed our sins away.

I like to think it understood the crucial part it played  
the full significance of Love upon its back displayed.

*Its a stressful time for many of us .*

*The following may help, how to Meditate :*

You just sit still and upright. Close your eyes lightly. Sit relaxed but alert. Silently, interiorly begin to say a single word. It recommends the prayer—phrase 'Maranatha'. Recite it as four syllables of equal length. Listen to it as you say it gently but continuously. Do not think or imagine anything, spiritual or otherwise. If thoughts and images come, these are distractions at the time of meditation, so keep returning to simply saying the word. Meditate each morning and evening for between twenty and thirty minutes.



### Palm Sunday

**Mass Intentions for Week Monday  
6th to Easter Sunday 12th April**

Monday 10a.m.	Tommy Mc Donagh Frank Heeran and Deceased Family Members Chris Thornton
Tuesday 10a.m.	Maureen Coyle Tommy, Annie and Vincent Beirne Mary Oates
Wednesday 10a.m.	Annie, Eoin, Eugene and Paschal Duignan George and Maureen Rainey
Holy Thursday Good Friday	at 8p.m. On Webcam at 3p.m. On webcam and Prayer Around the Cross at 8p.m.
Holy Saturday Easter Sunday 10.30a.m.	Sean Young (1st anniversary) Nancy Cryan

I wish to draw your attention to the prayer initiative for Palm Sunday, 3.00 – 4.00 Church leaders have said, “as Christians, we believe that prayer sustains our life as followers of Christ.” In the midst of this global pandemic, we turn to Jesus in our time of need. As Church leaders, we join together in calling all our people to prayer” and, along with other denominations and Christian organisations, are joining in prayer on Palm Sunday from 3.00 – 4.00pm. Archbishop Eamon will lead a gentle reading and powerful meditation on the Passion in Matthew's gospel. <https://www.armagharchdiocese.org/live-feed/>

***A word of thanks to all who have left their weekly envelopes in the Sacristy and to the houses..***