## St. Joseph's Church Mass Times:

Sunday Mass Times 7:30 p.m. Vigil Saturday ,9:30 a.m. & 11:30 Sunday

Weekday Mass Times: Monday - Saturday: 10:00 a.m.

Friday 10a.m. and 7.30p.m.

18th Sunday in Ordinary Time

Mass Intentions for Week Monday 3rd August to Sunday 9th August

Monday 10a.m. Michael Brennan, Sally Flannery, Mary Jones

Tuesday 10a.m. Molly and Laurence Mc Crann

Wednesday 10a.m.

Thursday 10a.m.

Friday 10a.m. Eugene Beirne

7.30p.m. John and Margaret Mc Loughlin

Pat and Doreen Brady

Paddy and Mamie Regan

Saturday 10 a.m. Esther Regan (Months Mind)

Vigil 7.30p.m. May and Sonny (Jim) Cryan

Sunday 9.30a.m. Rosemary Lavin (1st Anniversary)

11.30a.m. George and Cecil Tiernan and the Deceased Family

**Confirmation and First Holy Communion:** 

As we are aware all has been put on hold. Preparation for Confirmation is almost done. We hope to hold it mid September.

Re—First Holy Communion we need to arrange for First Penance and then hope to hold First Holy Communion the second half of September. We will keep in touch. Many thanks to all who have dropped in their contribution envelopes we appreciate your generosity and kindness in these difficult times.

## "The Sower and the Seed"

And yet, God is kind.

In the hiddenness and darkness, the seeds of new life are taking root.

Beginning the long, secret journey to where they break through hard earth, protesting flesh, frozen hearts.

Growth is always painful, stretching, unfamiliar.

But in the dying of autumn, I see the birthing of spring.

God is kind. This is the way of the kingdom.

So I surrender myself to the movement of life, to the hand of God.

I look at my own hand. It is closed, still clutching for what is

gone. But I cannot scatter seed with a clenched fist.

I open my hand. I let go of all that I have been holding that needs

to die. It hurts to let it go. But the hurt is the hurt of life.

Now I can sow new seed. My seeds are small.

But they have great potential. I don't know where they will take root. So I want to sow well, with care; seeds of friendship and respect, and value for people. seeds of justice and love.

Seeds of reverence and encouragement.

I want to sow seeds of peace. I can only sow.

For the rest, I trust, and I let go.

(Kathy Galloway)

'Welcome Back' Afternoon of Reflection.'

Saturday, 8th August, 2.00-4.00pm. (Donation)

A time of reflection and blessing, followed by bring-your-own picnic. This event will be weather dependent, and we will need to limit numbers, so please let us know you are coming. in-

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